

# DISCOVERIES GROUP

We understand the struggles...

Informative \* Supportive \* Solutions

**MONDAYS**

**6 – 7 p.m.**

**CALL TO REGISTER**

**770-679-0586**

Discoveries is a six-week discussion and process group for adolescents questions about identity and/or experiencing depression, bullying, teasing and suicidal feelings.

# DISCOVERIES GROUP

Discoveries Group is for adolescents' questions about identity and/or experiencing depression, bullying, teasing and suicidal feelings.

Family360 skill-based groups provide a positive supportive climate that builds self-esteem and invites group interactions; as we explore questioning and or issues related to sexual orientation, depression, bullying, teasing and suicidal feelings.

Discoveries Group encourages open discussions that allow adolescents the opportunity to better understand themselves, learn healthy coping mechanisms, interact with and receive support from peers who share similar problems, improve interpersonal relationships and help them grow as healthy individuals.

**FAMILY 360, INC. 2012 EASTVIEW PKWY \* SUITE 400 \* CONYERS, GA 30013**

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**[WWW.FAMILY360CENTER.COM](http://WWW.FAMILY360CENTER.COM)**