

Fees and Insurance

Payment Methods

We accept payment Insurance, cash, check, credit card, or PayPal **before or at the time of service.**

1. Individual Therapy

\$150 for 45-50 minutes

\$300 for 110 minutes

\$500 for 170 minutes

2. Couples & Families / Multiple Partners /Relationship Therapy

\$150 each spouse for 45-50 minutes

\$450 for 110 minutes

\$650 for 170 minutes

3. After Hours Sessions

Some patients request sessions outside of regular therapy hours, after 7 pm, therefore occasionally may be able to accommodate a limited number of these requests. Please note that a \$100 fee to weekend or after hours' meetings.

4. **Weekends:** After 3 pm there is an additional \$100 extra fee

5. **House Calls:** Weekdays or weekends: \$100 extra fee

6. **Late Fees**

Full payment is expected at the time of service unless otherwise agreed upon. A grace period will be allowed with no late fee if payment is received by **6:00 pm the next business day**. After 6 pm on the next business day, there will be a \$20 charge for late payments made within the same week, and a \$30 charge the next business week.

We do not permit clients to carry a balance of more than two sessions and if you are unable to pay this balance, we will discuss whether it makes sense to pause your care or develop another strategy.

7. Sliding Scale Fee

The sliding fee is between \$80 for Individuals; \$80 per spouse or \$150 per couple.

8. Lateness and Cancellations

Missed and canceled sessions pose some issues for both of us. First, the work of psychotherapy is sometimes challenging and when we hit a difficult place together, it can feel easier to avoid coming into treatment. We would prefer we speak about this intentionally rather than you canceling sessions. Also, we hold your scheduled appointment time specifically for you and you alone. We also see a limited number of patients so that we can give you the focus and attention you deserve. It is extremely difficult for us to fill your last minute canceled session on short notice. Therefore, we charge \$50 for appointments canceled **with less than 24 hours' notice** unless we can find another time that week that works for us both. If we are able to find another time that works for us, before the weekend, we allow you to reschedule at no extra fee. Your insurance company does not pay for canceled sessions to travel time to your home for house calls.

Types of Payment Accepted/ Insurance and Fees: CASH, CREDIT/DEBIT CARDS, AETNA, AMBETTER, AMERIGROUP, BLUE CROSS/BLUE SHIELD, CARESOURCE, CIGNA, GEHA, HUMANA, MEDICAID, OPTUM, PEACHSTATE, TRICARE, WELLCARE

9. Psychiatry/Psychological Evaluations Fees:

A. Psychiatry: \$300 New Patient Psychiatry Evaluations and \$100 for Psychiatry follow-ups.

1. Therapy: \$80 – 150 per session

2. Psychological Evaluations: \$600 Plus

B. Court-Ordered Evaluations: \$600

For those who pay out of pocket, we can provide you with a monthly billing statement for reimbursement if you wish to submit it to your insurance company.

You are responsible for notifying our office of any change to your insurance prior to your next scheduled appointment. Otherwise, you will be required to pay in full for your visit. All co-payments and or co-insurance are due at the time of your scheduled appointment.

10. Court Fees

If you become involved in legal proceedings that require our participation, you will be expected to pay for our professional time and services even if we have been called to testify by another party. Because of the difficulty of legal involvement and the interruption to our regular practice, **we charge \$150 per hour for preparation and attendance at any legal proceeding.** We will provide bills/receipts at the end of each session expect to be paid upon receipt unless otherwise agreed upon. Testimony in court or deposition is not reimbursable by your insurance. Court testimony may be ordered voluntarily or by subpoena. A subpoena may be from either party in your case.

11. Paper/document preparation Fee:

If you request any letters, forms, or any other paperwork to be completed, such as FMLA or disability forms, please be advised that there is a fee for paperwork. Therefore, it cannot be billed to your insurance company. Since all forms require our signature, we are personally responsible for the accuracy of the information provided. Incomplete or inaccurate information may have far-reaching consequences for your case. Filling out forms thus requires careful consideration and a considerable amount of our time.

FMLA paperwork generally requires a minimum of 30 minutes to complete, due to the need for supporting clinical documentation. Short-term disability often takes longer to complete and may require additional assessments beyond our regular intake evaluation.

The time required to make copies or prepare and send faxes, and any other administrative business (e.g. preparing releases of information or requests for records; phone calls to lawyers or other non-clinical calls) not directly related to the provision of clinical services, therefore, it is our office policy to charge for the completion of any form as follows:

- A processing fee of \$25 per. form, and
- A completion fee of \$5 per each page.

We cap the charge at \$50 maximum per. form. We will complete the form and fax it to the designated recipient (or return it to you if you prefer) within 3-5 business days of the receipt of payment.

If the form to be completed was sent to us by an organization, we will notify you of the exact amount that is due and you will be responsible for this payment.